



MEMORY AND ORAL PRESENTATION



Erasmus+

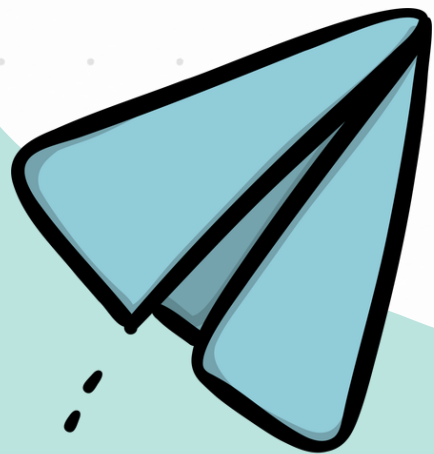
Matosinhos (Portugal)



INTRODUCTION



The Erasmus+ Programme is an educational initiative of the European Commission designed to promote and support the academic mobility of students and teachers within the European Union, encouraging social, cultural, linguistic, and sports exchange.





EFANOR SCHOOL



TIMELINE

SUNDAY

Departure from Zamora
and arrival to
Mathosinos.
Distribution with the
families.

TUESDAY

We went to some
classes and we had a
tour in the babies
school

THURSDAY

Class with Portuguese
students

MONDAY

Arrival to Efanor School
at 8.15 in the morning
and visit to the school
with some teachers

WEDNESDAY

Visit to Porto with
Spanish teachers

FRIDAY

We went to the
swimmingpool and they
gave us our certificates



MONDAY

8:30

At first time on the morning, we went to psychology's class with 10th grade in the Efanor School

10:00

Then, we had a talk where four girls and one boy talked about how to study, with summaries, notes..

13:30

We ate in the school, one of their habits is to eat rice instead of bread. We ate rice with chicken.

16:40

We left the school with each family to spend the afternoon with them.

14:40

We had a tour of the Efanor School; it had three very large floors. On the first floor was the coffeshop and the hall. On the second floor were primary school and on the top floor were secondary school.





physical education

This class was in the morning. We went to physical education class and we played soccer, it was fun.

The class was in English and it was very similar to our physical education class



TUESDAY

TOUR

We saw the other part of the school, the small children's area, the installations were very good and large.

The main difference between this part of the school and our school is that there were small children and everything was very new.

spanish class

In the afternoon, we had Spanish class, we spoke Spanish with the Portuguese students, and this helped them speak Spanish better. It was very different because they did conversations in Spanish and we study grammar or things like that



WEDNESDAY

VISIT TO PORTO

First, we took the metro, where we were for 20 minutes before arriving in Porto. Upon arrival, the first thing we visited was the city hall. Afterwards, we went to see a train station with a very beautiful facade. Although it was for tourists, you could also take the train. Then we went to the upper part of Porto. There we visited Porto Cathedral, which had some great views. And finally, we visited the Douro River.



THURSDAY

On Thursday we attended class with 9th and 10th grades. We had geography in Portuguese, but teachers explained us the class in English and Spanish. Then, we had a Citizenship workshop with 9th and 8th grades. After that we ate lunch at the canteen. We had planned to go to the beach to do activities, but it rained a lot and they were cancelled, so we went home after class.



FRIDAY

Swimingpool

The first thing we did the Friday was going to the swimingpool and it was great.

I really liked it because I don't usually go to the swimingpool in the school

Final evaluation

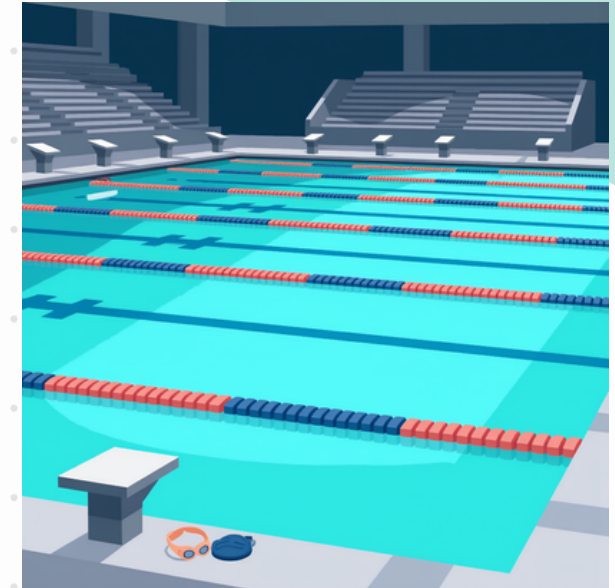
We talked about what we liked most and least, to improve the experience for the next time

Certificates

They gave us certificates

Leave portugal

Departure from Matosinhos to Zamora.

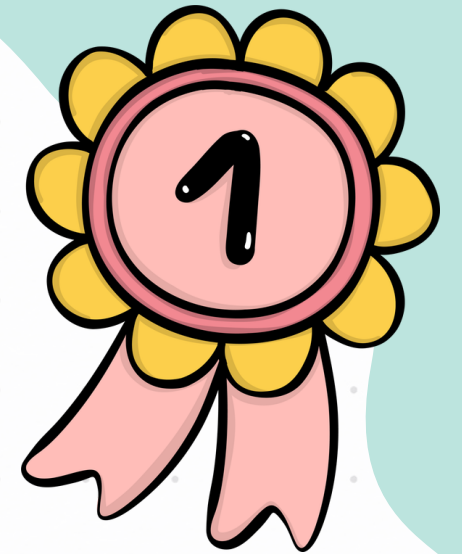




PHOTOS



CONCLUSION



- We had a great time with Portuguese students and met lots of people. We learned new customs, experienced a different lifestyle and we discovered another kind of learning.

THANK YOU

JANUARY 2026

